

# THE CHRONICLE

Villanova's CHR Newsletter

Volume 1 Issue 2

## Spring 09' Important Dates:

- March 2-Semester Recess
- March 9-Classes Resume
- March 13-Advisement Begins for Registration
- March 14-Comprehensive Examination
- March 16 - Speaker Series: College Prep
- March 18 - Registration for Summer/Fall classes
- March 23 - Student Council Meeting
- March 30 - Speaker Series: Career Services (Interview Skills & Portfolio Building)
- April 6- Final Student Council Meeting (SAC 302, 4:00 p.m.)
- April 8-Easter Recess Begins After Class
- April 14-Classes Resume
- April 16-18- PSCA Conference
- April 27 - **CHR Student Mingle**
- April 30-Final Day of Classes
- May 16-May 17-Baccalaureate and Commencement

*Almost there.....  
Best of luck graduates!!!!*

## Graduation News

~Certification is required for all school counseling students who plan to work as a counselor within a public school.~

\*Applications for certification should be completed during the last semester of your internship.

\*In order to apply for certification you must have fulfilled degree requirements.

\*Applications are available in SAC 302.

\*Once the application is complete, submit it to Rita Siciliano along with a \$40.00 money order.

\*Note: Money orders only.

## YOU ARE INVITED TO THE CHR GRADUATION MINGLE!

When: April 27 from 4-5pm      Where: SAC 300

Come out and get together with your fellow classmate and wish our graduating students farewell and best wishes!

Refreshments will be provided.

## Post-master's Supervision:

The Department of Education and Human services is now offering a course in Fall 2009 for post-masters students seeking supervision. This 3 credit course will be run by Dr. Davis and count toward the 12 credits required for post-masters certification.

Classes will run as a four-piece sequence - Fall/Spring/Fall/Spring. Classes will provide students with the opportunity to acquire the credits and supervision hours necessary for national certification and state licensure.

*Reminder: Make an appointment with your advisor today to get your PIN for Summer/Fall Registration!*

### **Faculty Spotlight**

Dr. Rayna Markin study of research is focused on psychodynamic counseling, specifically the process of it in individuals and in groups; when and where is psychodynamic counseling effective, for whom, and why. She likes to focus on the therapeutic relationship in counseling, so she studies a lot on transference, counter transference, and attachment. Also she really loves to involve students in her research.

Part of her research interest emerged from her mentorship at the University of Maryland and the other part from her own clinical experience. The more clinical experience she got, the more she realized that no matter what issues her clients came in with, fundamentally they all lacked fulfillment in the relationships in their lives; and she wanted to help fill in that gap. Lastly, she believes that there isn't enough research on psychodynamic counseling and how to measure transference and countertransference. Currently Dr. Markin has a study on transference and counter transference in psychodynamic therapy with depressed clients, which has been going on for 2 years. She is also studying psychodynamic theory in a pan-theoretical way; for example, looking at transference and counter transference in cognitive behavioral therapy and how it affects the process in that theoretical orientation. She just completed a study that developed a method for measuring transference in group members and found that transference in group members does occur and to a high degree.

### **Research Opportunity**

The counselor-client relationship has been shown to predict the process and outcome of counseling (For e.g., Horvath & Symonds, 1991). Some research suggests that clients report better outcomes when working with a counselor of the same ethnic background than with a counselor of a different ethnicity (for e.g., Farsimadan, Draghi-Lorenz, & Ellis, 2007).

Dr. Markin, with her colleagues from the University of Pennsylvania and the University of Maryland, plans to study what exactly occurs in the relationship between counselors and clients of the same ethnicity and of different ethnic backgrounds, which may explain these findings. The study is expected to start in Fall 2009 and 2 to 3 students are needed to participate in the study. Students will learn about the process of conducting counseling relationship process and outcome research, as well as the psychodynamic and humanistic theories that guide the research questions. Since many counseling students are preparing to work with diverse populations, this is an opportunity to learn more about how to form counseling relationships with diverse clients.

\*Any student who is interested in participating should contact Dr. Markin at [rayna.markin@villanova.edu](mailto:rayna.markin@villanova.edu).

**Faculty Spotlight**  
(Continued)

On top of that, she is also studying attachments in groups and how people develop different attachment styles. Dr. Markin hopes to incorporate more students in her research because they challenge her way of thinking and she finds that she learns a lot from them by the questions that they asked. Also, she hopes to receive a grant next year to study the change mechanisms in psychodynamic therapy more in depth. Her favorite thing about working at Villanova is the students because of their eagerness to learn and how well they work with each other. She's a political junkie, so in her free time she reads everything about politics and is actively involved in politics. She also enjoys spending time with her husband and friends, specifically exploring Philadelphia and going to different restaurants in the city. She's a vegetarian and does yoga and pilates.

*Quote Corner:*

*How wonderful it is that nobody need wait a single moment before starting to improve the world.*  
~Anne Frank

*Act as if what you do makes a difference. It does.*  
~William James

**Interested in Joining Student Council?**  
**Come join us for our final meeting of the semester!**

**Where:** 302 SAC                      **When:** April 6<sup>th</sup> at 4:00

**Topics to be discussed include**

Membership for Fall 2009  
Summer newsletter  
CHR Mingle  
Mentorship Program  
Goals for Fall 2009 Semester

**Student-Counselor Opportunity to Gain Valuable Experience in Collaboration with the Villanova Law School**

In 2006, the Villanova Master-level counseling program and the Villanova Law clinics developed a collaboration. The goal of the program is to provide a practice-based experience for counseling students in offering mental health and support services to low-income and asylum-seeking (international) clientele at the Villanova Law Clinic.

This dynamic program provides counseling students an opportunity to collaborate with interpreters, lawyers, community members and clients from around the world (and their families) to provide:

- ▶ Basic support due to trauma/loss
- ▶ Assistance in helping clients prepare for, and discuss, their legal cases
- ▶ Locating basic resources for clients: housing, food, health care, clothing, etc.
- ▶ Client referrals to mental health support
- ▶ Limited career/financial/educational counseling

Counseling student's written reflections:

- The collaboration has opened my eyes to many international and national legal issues.
- This experience has helped me grow more confident as a counselor.
- I learned about amazing resources available in the community to assist people in almost every area of concern.
- I ... have expanded my ability to be empathetic towards individuals different from myself.
- I ... feel fortunate to have had the experience to work so closely with some amazing individuals.

**Students interested in applying to this experience, please contact: Dr. Krista Malott, at**  
**Krista.malott@villanova.edu or 610-519-4642**