

Alcohol and Other Substance Misuse Reduction Project

PROJECT DESCRIPTION

Alcohol and other substances are a persistent threat to health and well-being. In order to effectively prevent substance misuse and promote healthy, adaptive coping strategies, the University must systematically measure prevalence, incidence, recidivism, and impact of prevention and intervention strategies.

PROJECT UPDATES

This team has met twice to review the project scope, the existing metrics affected, and to task team members with reviewing all plan metrics to determine whether this team should expand its scope and work to incorporate more metrics. The team is currently examining the policies and processes that govern student alcohol and other drug use at Villanova.

PROJECT OUTCOMES

- Inventory and replace the language of "alcohol abuse" with "alcohol misuse" to reflect the most current and less stigmatizing language around substance use
- Revisit State of Alcohol at Villanova action plan and identify persistent gaps in alcohol misuse prevention and treatment resources, services, and initiatives, with a particular focus on recovery support
- Systematize and improve institutional data collection around alcohol and other substance misuse among students and employees
- Evaluate the role of the student conduct process in alcohol misuse prevention
- Integrate adaptive approaches to stress management, such as mindfulness, into the advising and academic curriculum.
- Achieve tobacco-free campus designation

AFFECTED METRICS



Metric	Metric Description	2021 Key Results
3.1	Harmful drug abuse as measured by proportion binge drinking and proportion of student, faculty, and staff who use tobacco products or any illicit drug habitually.	Update student climate survey and health survey to better measure binge drinking and tobacco and drug abuse.
3.3	Percentage of University insurance provided physical and mental health care that is an out of pocket expense for a student, faculty, or staff member.	
3.6	Thriving quotient. NOTE: Stacy Andes is conducting this study and the metric will be constructed around her data.	Complete Thriving Quotient study.