

**Type 2 Diabetes Prevention:
Lifestyle Change and Coverage Considerations
March 9, 2018**

7:15-8:00 AM	Registration and light breakfast
8:00-8:15 AM	Welcome and Introductions
8:15-9:30 AM:	Making the Case for Type 2 Diabetes Prevention and/or Delay Hope Warshaw, MMSc, RD, CDE Owner, Hope Warshaw Associates, LLC
9:30-10:15 AM	Helping People Make Lifestyle Changes that Stick Hope Warshaw, MMSc, RD, CDE Owner, Hope Warshaw Associates, LLC
10:15-10:30 AM	Break
10:30-11:15 AM	Harnessing the Power of Exercise to Prevent Type 2 Diabetes Gary Scheiner, MS, CDE Owner/Clinical Director, Integrated Diabetes Services, LLC
11:15-12:15 PM	Taking Type 2 Diabetes Prevention to Clinical Practice: Case Studies Manette Richardson, RD, CDE, LDN Libby Mills, MS, RD,LDN, FAND, Facilitators
12:15-1 PM	Lunch (provided) <i>Visit healthy meal demo presented by Gail Mitchell, Chef Nutritionist, Villanova Dining Services</i>
1:00-3:00 PM	From Research to Practice: Improving DPP Access Leslie Kolb, RN, BSN, MBA Vice-President, Science and Practice, AADE
3:00-3:10 PM	Break (Light refreshments) <i>Courtesy of KIND®</i>
3:10 - 4:00 PM	Panel Discussion: DPP Participants and their HCP's: What's the Secret to Living a Healthy Lifestyle and Keeping Pounds Off? <i>Moderator, Hope Warshaw, MMSc, RD, CDE</i>
4:00 PM	Closing remarks

ACCREDITATION STATEMENTS



Villanova University College of Nursing Continuing Education is an accredited provider of nursing education by the American Nurses Credentialing Center Commission on Accreditation (ANCC).

Accredited status does not imply endorsement by Villanova University, COPE or the American Nurses Credentialing Center of any commercial products or medical/nutrition advice displayed in conjunction with an activity.



Villanova University College of Nursing MacDonal Center for Obesity Prevention and Education (COPE) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR).



The American College of Sports Medicine's Professional Education Committee certifies that Villanova University College of Nursing Continuing Education, MacDonal Center for Obesity Prevention and Education (COPE) meets the criteria for official ACSM Approved Provider status from (2015– December 2018).
Providership # 698849

DISCLOSURE STATEMENT

The Nurse Planner and content reviewers have evaluated all content of this learning activity as well as for all individuals presenting in this program for potential bias and confirm an absence of bias and therefore no conflict of interest.

The Nurse Planner and content reviewers will also review participant feedback to evaluate for commercial bias in the program.