

You're not alone. Lots of people and resources want to support you. Talking with someone can help you examine your choices and make a choice that will be best for you and the baby. Together you can work through issues such as:

*"My parents threatened to throw me out of the house if I didn't get an abortion."*

*"We can't afford another child."*

*"I am too scared."*

*"I have no one to turn to."*

Many women feel they didn't really have much of a choice after all.

The agencies and people listed on these pages share a common desire to provide you with real practical options, confidentially, non-judgmentally, and **FREE OF CHARGE.**

If there were just some way to work it all out- wouldn't you want to?

Adapted From - Delaware Valley Pro-Life Alliance



### For More Information Contact:

VFL- 610.519.4486  
Villanovansforlife@yahoo.com  
www.prolife.villanova.edu

Villanovans For Life is a student-run organization committed to supporting life in all its forms and for all people including baby and mom. If you are looking for a peer, classmate, or friend to talk to, members of VFL are here for you.

Sound like an organization that you would like to be a part of? Check us out!  
Weekly Meetings- Wednesdays, 6:00 p.m.  
in the Center for Peace & Justice,  
basement of Sullivan Hall.



# Are you or someone you know pregnant?

...there are people  
who want to help...

Sponsored by Villanovans For Life  
and the Office of Student Life

## Villanova's Pregnancy Resources

### On Campus

Villanova University respects life and the choice of life. As a result, the Villanova community has a support network to assist in every aspect of a pregnant student's needs: counseling, accommodation in course load and scheduling, alternate educational and housing opportunities, medical and financial assistance, career planning, and parenting or adoption information.

The University makes every effort to provide any student who becomes pregnant with a supportive environment intended to assure caring, non-judgmental, professional assistance to the woman and to others impacted by the pregnancy. Villanova works with each individual circumstance of each person in order to provide the best assistance.

#### Contact person:

##### **Kathy Byrnes**

Associate Vice President for Student Life  
[kathleen.byrnes@villanova.edu](mailto:kathleen.byrnes@villanova.edu)  
202 Dougherty Hall  
610.519.4550



### Off Campus

#### **A Baby's Breath**

A Baby's Breath provides counseling service to women who are pregnant and not sure where to turn. They offer one-on-one counseling, free pregnancy testing, parenting classes, pre-natal counseling and more. They do not provide housing, but their counselors are prepared to work with clients to find resources for this. A Baby's Breath is a volunteer-run organization. If your call is forwarded to voicemail, please leave a message and someone will return your call as soon as possible.

5827 West Lancaster Avenue  
Bryn Mawr, Pa 19010  
610.520.2227  
484.571.5540 (24-hour hotline)  
[www.ababysbreath.org](http://www.ababysbreath.org)  
[bbcounselo@aol.com](mailto:bbcounselo@aol.com)

#### **Amnion Crisis Pregnancy Center**

944 Haverford Road  
Bryn Mawr, Pa 19010  
800.395.HELP  
[www.amnion.org](http://www.amnion.org)

#### **Pro-Life Philadelphia**

24-hour hotline  
610.626.4006  
"Give us a call. We want to help you!"



### Post Abortion Counseling

#### **Villanova Counseling Center**

206 Health Services Building  
610.519.4050  
[www.villanova.edu/studentlife/counselingcenter](http://www.villanova.edu/studentlife/counselingcenter)  
Call to make an appointment.

#### **Project Rachel**

[www.hopeafterabortion.com](http://www.hopeafterabortion.com)

#### **Rachel's Vineyard**

A division of American Life League Inc. Weekend Retreats for Healing after abortion.  
8008 North Henderson Road  
2nd Floor  
King of Prussia, Pa 19406  
877.HOPE.4.ME  
[www.rachelsvineyard.org](http://www.rachelsvineyard.org)

#### **Marc Ministries**

#### **Men's Abortion Recovery Ministries**

237 South 13th Avenue  
Coatesville, Pa 19320  
610.384.3210  
[www.afterabortion.org](http://www.afterabortion.org)

*"Let the children come to me, and do not prevent them; for the kingdom of heaven belongs to such as these."*

**Matthew 19:14**