



State of the plate



ACAI BOWLS AT BOWL'D

Nourish what's next

Dear Villanova Community,

March invites us to refocus and recharge. In celebration of National Nutrition Month, Villanova Dining is proud to highlight the many ways we support your well-being through thoughtful menus, clear information, and programs designed to help you fuel both body and mind.

At Villanova, nutrition is about empowerment. Whether you're balancing academics, athletics, allergies, or simply building a more balanced plate, our team is here to support you. Under the leadership of our Chef Nutritionist, Gail, we continue to offer interactive demos, balanced bowl features, and everyday station enhancements that make nutrition practical — and delicious.

You'll also see our VEG (Villanova Eats Great) program featured across campus. VEG highlights plant-forward options and sustainable choices that make it easier to align your meals with your goals.

National Nutrition Month is a reminder that small choices make a meaningful impact. Our commitment is simple: make the nourishing choice accessible, flavorful, and welcoming for every member of our community. Here's to fueling well and living well.

With appreciation,

Andrew C.

This month:

Tournament
Flavors

Luck on the
Menu

New Menu
Experience

Celebrating
Women in
Dining

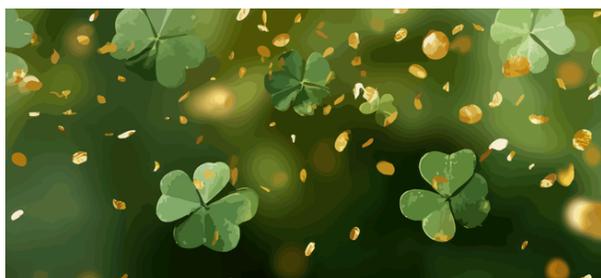
Dining Events
Lineup

Game On!

March tips off with serious flavor. As the Big East Men's Basketball Tournament begins, we're turning up the heat with our **Halftime Heat Challenge** — a celebration of bold flavors that climb from mild to Villanova hot. Test your spice tolerance, build your plate strategically, and see if you can handle the full-court press.

Later in the month, as NCAA Division I Men's Basketball Tournament takes over, we're introducing **Bracket Bites** — a friendly showdown across campus. Featured menu items from different locations will compete bracket-style for campus favorite. The big question: *Who will be this year's Cinderella Storey?*

Follow along, cast your votes, and taste the competition.



Shamrock Season has landed

The luck of the Irish is coming to Dining! In celebration of **St. Patrick's Day**, Shamrock Shakes are making their festive debut — cool, minty, and perfectly green for the season.

But the fun doesn't stop there. Keep your eyes peeled for our hidden **Pot of Gold** somewhere on campus. Find it, follow the clues, and you could win a lucky prize.



Menus, Upgraded

Your dining experience just got even easier. Our new online menu platform is here — designed to give you clearer nutrition information, allergen transparency, and a more user-friendly way to plan your meals. Browse daily offerings, filter by dietary preferences, and explore what's cooking across campus — all in one place.

Meet the *people* Behind the Food

Eileen Harris

Eileen has spent more than three decades bringing heart and heritage to Donahue Hall. Inspired by the women who raised her, she carries forward a love of Southern cooking — a cuisine rooted in resilience, creativity, and tradition. For Eileen, the kitchen has always been more than a workplace; it's a space where memories are made and community is built.

Marieta Santiago

For the past six and a half years, Marieta has been a dedicated member of the Villanova Dining team, balancing her professional growth with purpose and drive. Currently pursuing her MBA, she is committed to expanding her knowledge and skills both inside and outside the workplace. When she's not studying or working, Marieta enjoys cooking, watching movies, listening to music, and spending Sundays at church with her family — a rhythm that keeps her grounded and inspired.

Nancy Miller

For 17 years, Nancy has shared her passion for pastry with the Villanova community. Raised on a dairy farm where baking from scratch was a way of life, she was inspired early on by her grandmother's molasses cookies and her aunt's larger-than-life mixer. With fresh butter, milk, and cream always on hand, creativity in the kitchen came naturally. Today, Nancy brings that same joy to University Catering, where she loves creating on-trend desserts that make every event feel a little sweeter.

Hanaa Korayem

Hanaa keeps things running smoothly at everyone's favorite West Campus spot — Second Storey. Known for her reliability and welcoming presence, she truly holds down the fort, making sure students are taken care of and the energy stays high. Whether it's a busy rush or a late-night bite, Hanaa is a steady, friendly face that helps make Second Storey feel like a go-to gathering place.

Celebrating *women* in dining

March is Women's History Month, and at Villanova Dining, we're proud to recognize the women whose leadership, creativity, and dedication shape our program every day.

From culinary innovation to operations, nutrition education to hospitality, women across our team play a vital role in creating an experience that nourishes our campus community. This month, we'll be spotlighting members of our team, sharing their career journeys, and celebrating the impact they make behind the scenes and on the front lines.

Join us as we honor the women who help bring our dining program to life — this month and every month.



Nancy



Eileen



Hanaa

S M T W T F S

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SEMESTER RECESS

8

15

22

29

17

31

March

National Nutrition Month
Celebrate National Nutrition Month by exploring delicious, wholesome meals that nourish your body and delight your taste buds!

Women's History Month
Join us in celebrating Women's History Month as we spotlight the incredible staff members and vendors who help shape and strengthen our dining program.

Roots to Spring: turnip spotlight
Celebrate the season with our Roots to Spring turnip spotlight! From roasted to mashed, this humble root veggie shines in fresh, flavorful dishes that highlight its versatility and earthy goodness.

March 11
Celebrate your NOVA pride and fuel up for all the tournament excitement. 🍀🍷

March 12
Cheer on the Wildcats with special CATS-themed treats! Celebrate your NOVA pride and fuel up for all the tournament excitement. 🍀🍷

March 17
Get lucky with festive flavors at our St. Patrick's Day-themed meal! Enjoy Irish-inspired dishes, green treats, and hearty favorites that bring a taste of the Emerald Isle to your plate.

March 19, 24 & 31
Game on! Celebrate tournament season with *Bracket Bites*—a lineup of MVP-worthy eats inspired by the excitement of every round. Grab your favorites, fuel your bracket picks, and let the flavor madness begin! 🍀🍷

March 25
FYP: CROOKIE

March 30
Battle of the Brews: SPRING SHOWDOWN! Back by popular demand- Holy Grounds battle of the brews is kicking off with its Spring showdown- Stay tuned for more!

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Happening this Month

National Nutrition Month

We're spotlighting balanced plates, dietitian-led demos with Chef Gail, and VEG (Villanova Eats Great) features that make it easier to fuel your goals.

Women's History Month

All month long, we're celebrating Women's History Month by recognizing the women across our dining team, and our vendors whose leadership and talent help shape the Villanova experience.

Upcoming in April...

- In celebration of **Earth Day**, we'll be highlighting sustainability initiatives across our program — from local sourcing and plant-forward features to waste reduction efforts that make a measurable impact.
- Fresh flavors take center stage with seasonal menus inspired by brighter ingredients, lighter preparations, and the best of spring produce. Think vibrant greens, citrus-forward dishes, and limited-time features that celebrate the shift in season

#FueledbyNOVA

