



Financial Wellness Resources

At Villanova, we believe every student deserves the support, resources and confidence to navigate their financial journey. Whether you are managing everyday expenses, planning for future goals or facing unexpected financial challenges, you are not alone. Our financial wellness resources are designed to empower you with the knowledge, tools and support needed to make informed decisions, reduce financial stress and build a secure future. We are committed to helping you thrive academically, personally and financially, because your well-being matters and you are a valued member of our community.

Things for Life and Other Supplies

Financial Wellness Coaching

Private personal finance coaching is available to both undergraduate and graduate students. Schedule a one-on-one session with trained Villanova staff to explore topics such as creating a spending plan, understanding your credit score, and more!

Funding for Student Experiences

Villanova students are eligible to apply for funding to help them engage in critical professional and personal development experiences such as unpaid and low-paid summer internships, research experiences, conferences, academic trips, study abroad and more. A list of funds for student experiences with links to each site's materials and applications are included on this site.

The Free Store at Falvey Library is a campus space where people can leave items they no longer need and take things for free. It works like a donation-based exchange, offering things like clothes, school supplies, and small household items. The goal is to make resources easily accessible while reducing waste and encouraging reuse within the campus community.

Falvey basement – across from the elevator – open during the semester for limited hours.

At this link, you may be asked to utilize your SSO OR be asked to request access.

Wildcat Thrift is the bi-annual pop-up thrift event run by the Student Sustainability Committee and Office for Sustainability. Reserve a table with us ahead of time to sell your items or stop by to shop vendors curated secondhand wardrobe to promote a circular economy and fight fast fashion. For information on this and other Sustainability Committee initiatives, check out their Instagram

The **Nova Nook** is a campus space that provides students with free everyday essentials, such as food, toiletries, and school supplies. It operates as a discreet, donation-based resource where students can access what they need without cost. The purpose of the Nova Nook is to support student well-being by ensuring everyone has access to necessities.

The **Wildcat Wardrobe** is a campus resource where students can borrow or take free professional clothing for things like interviews, career fairs, and networking events. It is a donation-based closet stocked with items such as suits, blazers, shirts, dresses, and shoes. The goal is to help students feel confident and prepared for professional opportunities, regardless of financial situation.

Cat Kits at Villanova University are free wellness kits distributed by the **Office of Health Promotion** EARLY each semester. They are offered on a first-come, first-served basis and are designed to support student health and well-being by providing helpful supplies. Students can pick them up in the Health Services Building.

Villanova Food News GroupMe

This student-run group chat is a Student Sustainability Committee initiative to help prevent food insecurity on campus by minimizing food waste.

The **Wildcat Meal Share Program** allows undergraduate students with an active meal plan to donate meals to fellow students in need, which recipients can then use at on-campus all-you-care-to-eat dining facilities throughout the semester.

Stack Sunshine Fund

Hosted by the Division of Student Life, the Sunshine Fund is available to provide financial support to help individual students with demonstrated need connect with co-curricular learning experiences that will further their sense of belonging and connection to the Villanova community.

The [Affordable Materials Project \(AMP\)](#) is a university-wide initiative that works with faculty to help students access high-quality, affordable course materials, reducing the cost burden of textbooks and academic supplies.

Break Resources

All students who register to stay on campus during breaks will receive outreach from the University. These students will be given access to a residence hall with a communal kitchen, pots/pans, etc, and can also rent a micro-fridge if they do not already have one. Also, the University can supply gift cards in small denominations to Giant grocery store to help students get food when the dining halls are closed and provide transportation to Giant during break periods. Students must register with Residence Life and stay for the entire duration of the break to receive information about receiving gift cards.

Free Educational Support

[Learning Support Services \(LSS\)](#) uses an individualized approach to support students who work with the office. It offers a variety of academic support services designed to help all Villanova students maximize their academic success, including one-on-one weekly academic coaching sessions, study skills consultations, time management strategies, and accommodation support.

[The Learners' Studio](#) provides one-on-one tutoring for over 150 courses from across academic colleges, including Computer Science, Romance Languages, Biology, Chemistry, Physics, Nursing, and Engineering. Students can stop by Falvey Library or book regular weekly sessions for homework help, group study, and academic support.

[The Writing Center](#) offers one-on-one tutoring to undergraduates, graduate students, faculty, and staff for any stage of the writing process. The center assists with papers, projects, and writing skills through thousands of tutorials each year.

[The Math Center](#) provides free tutoring for first- and second-year math and statistics courses, as well as many upper-level classes. Students can drop in or book a 1:1 session in advance at Falvey Library Room 204

[The Falvey Library Student Resources Page](#) explains that students have access to a wide range of academic support services, including millions of physical and digital materials, such as books, journals, and media, available online anytime. It highlights how the library supports coursework by providing required materials through reserves or digital platforms and offers quick access to items not immediately available through interlibrary services. The page also emphasizes research assistance, with librarians available to help students

find credible sources and navigate projects, along with access to special collections and archives for more in-depth study, making the library a central resource for both academic success and independent research.

Office of Access and Disability Services coordinates reasonable accommodations for students with disabilities (permanent or temporary) to ensure equal access to academic programs, campus life, and facilities. It also provides tools and technology resources for students.

The Center for Speaking and Presentation offers free one-on-one and small-group coaching to help students develop and refine public speaking, presentation, and interview skills at any stage of preparation, from brainstorming to final rehearsal.

Falvey Library Research Services connects students with subject specialist librarians for research consultations, database access, and academic support. Students can ask questions via chat, email, or in-person appointments.

CASA Lending Library

The Center for Access, Success and Achievement maintains a small library of books and textbooks that CASA students can check out for the semester. In return for borrowing from the lending library, students are asked to donate purchased textbooks back to the library for future students to use.

Free Counseling Support

Beyond our experiences with money, the stresses of life sometimes bring a need for extra help. Don't let a lack of money keep you from getting help. Villanova has abundant resources to meet your needs.

The Patricia B. and Gary M. Holloway University Counseling Center helps students with personal, emotional, academic, social, and psychological concerns. Services are confidential and aim to help students function optimally in all areas of life. Appointments can be made by phone or in person at the Health Services Building.

The Office of Health Promotion provides evidence-based health resources, facilitates opportunities for students to build skills for healthy lifestyle choices, and promotes personal responsibility for individual and community health. It offers programming, workshops, and wellness support.

[Student Health Center](#) provides primary medical care and health services to students in a convenient on-campus location (Health Services Building), with extended hours and support for routine and acute health needs.

[Sexual Assault Resource Coordinator Team \(SARC\)](#) offers confidential support, resources, and advocacy for students who have experienced sexual misconduct or interpersonal violence.

Partners and Other Off-Campus Resources

[Student Beans](#) and [UniDays](#) offer discounts for college students across a large range of supplies, from clothing, living, beauty and more.

[Dig Inn](#) is a seasonal fast-casual restaurant located in Suburban Square in Ardmore that offers fresh bowls, salads, and market-driven meals made with locally inspired ingredients. New app users can receive \$5 off their first order by downloading the Dig Inn app, and students receive 10% off every visit when presenting a valid student ID.

[Dell's Student Discount Program](#) provides Villanova students with exclusive savings on laptops, desktops, monitors, and accessories through Dell's education partnership program. Students can receive up to an additional 10% off eligible products by creating a free Dell Rewards account and verifying their student status using a valid Villanova student email address. The discount is automatically applied in the cart after verification, and students also earn 3% back in Dell Rewards for future purchases. Dell additionally offers benefits such as financing options, trade-in programs, premium support services, and internship and career opportunities for students and graduates.

[Student Museum Passes](#) are available through Falvey Library allows students, faculty, and staff to borrow passes that provide free or discounted admission to a variety of local museums, cultural institutions, and attractions. These passes function like library materials and can be checked out for short-term use, typically on a first-come, first-served basis depending on availability. Users can browse participating museums through the library's online system and place requests in advance to secure a pass for a specific date or visit. To borrow a museum pass, users generally need a valid Villanova ID (Wildcard) and a library account in good standing. Passes must be picked up at Falvey Library circulation services and returned on time, as late returns may affect future borrowing privileges. Some passes may require advance reservation, and availability varies by museum and season. (<https://library.villanova.edu/using-the-library/borrow-and-request/museum-passes>)

[Bryn Mawr Film Institute](#) is a nonprofit independent movie theater that offers students discounted admission to screenings of classic, independent, and foreign films in a restored historic cinema setting. Students with a valid student ID can purchase tickets for \$12, making it a more affordable option for regular moviegoing compared to standard admission prices. The theater also hosts film series, special events, and educational programs focused on cinema appreciation and film culture.

[Zipcar](#) is a car-sharing service partnered with Villanova University that allows students, faculty, and staff to rent cars on-demand by the hour or day for short trips, errands, or travel without needing to own a vehicle. Through the Villanova-specific program page, eligible users can join Zipcar using their Villanova email and access discounted university membership rates, with benefits that typically include lower annual membership fees, fuel and insurance included in rentals, and access to vehicles located near campus for convenience. Once approved, members can reserve cars instantly through the Zipcar app, unlock vehicles using a Zipcar membership card or mobile app, and return them to the same designated location after use.